

How to get involved in the HSCB!

Join a workgroup.
Where do you want to make a difference?

- Transportation
- Foster care, Adoption, Kinship Services
- Substance Abuse
- Homelessness
- Healthy Youth
- Suicide Prevention
- Hunger
- Disabled Individuals
- Older Adults
- Young Children
- Community Data

Contact

Anne Rennie:
arennie@cmhliv.org

INSIDE NEWSLETTER

What's New in Livingston? 1

Collaboration Works! 1

New Resources in the Communi- 2

New Resources Continued 3

Upcoming Events in Livingston 4

Livingston HSCB

HUMAN SERVICES COLLABORATIVE BODY

QUARTERLY NEWSLETTER

FALL 2017

Annual Recovery Walk

Wake Up Livingston is hosting its First Annual Recovery Walk in Livingston County on September 23 in downtown Howell. This inspiring event is the result of a collaboration between Wake Up Livingston and the local recovery community, the HSCB Substance Use Disorder Workgroup, the LCCA, Community Mental Health, law enforcement and other community sectors. The Recovery Walk is intended to raise awareness of the pervasiveness of addiction throughout Livingston County, but also to show that long term recovery from addiction is possible. The event is aimed at dispelling the negative stigma associated with addiction, and instead celebrate the many roads to recovery and all those who have traveled them. The recovery

walk was spearheaded by members of Wake Up Livingston - a coalition of community partners working to raise awareness about opioid-related overdose and death in Livingston County.

Individuals in recovery, family members and recovery allies are invited to promote the successes of recovery and break the stigma surrounding addiction. The Recovery Walk will begin promptly at 11 AM. Participation is free and open to the public. Participants will meet at the parking lot of Livingston County's Community Mental Health administrative building (across from the Howell Police Department), located at 622 E. Grand River, Howell, MI 48843. The first 100 participants will get a free t-shirt. Following the walk there will be speakers from the local recovery community who will share their stories of inspiration and hope.

Collaboration Works!

A Bridges Out of Poverty workshop was held Thursday, June 29 at the LaBelle Safety Complex in Howell with Bethanie Tucker from aha! as the facilitator. Lunch and two books were provided to the registrants; there was no cost for the registrants. Representatives from 22 local agencies and organizations attended as well as some individual citizens. The mission of aha! Process, Inc. <https://www.ahaprocess.com/> is to positively impact the education and lives of individuals in poverty around the world. The workshops provide a family of concepts and products to help employers, community organizations, social service agencies, and individuals address and reduce poverty in a comprehensive way.

Bridges brings people from all sectors and economic classes together to improve job retention rates, build resources, improve outcomes, and support those who are moving out of poverty. The workshops offer community leaders models they may apply in their daily professions that will influence individuals and families in poverty with an emphasis on broad beliefs about the relationships of economic classes and mutual respect between them. The Bridges Out of Poverty workshop was supported by OLHSA, Livingston Co. United Way and the Livingston Co. Homeless Continuum of Care.



LETS receives a \$150,000 MDOT Grant

With coordination between L.E.T.S. and the Livingston County Transportation Coalition and approval from the Livingston County Board of Commissioners a \$150,000 Service Development and New Technology grant was applied for through the Michigan Department of Transportation.

L.E.T.S. received news on July 21, 2017 that they were awarded the full \$150,000 for the grant to provide for a countywide comprehensive transportation plan. The plan will include a review of current transportation services and determine if expanded service is needed, as well as, commuter service, line haul routes, bike and walking paths and how to implement new services and how to secure Federal, State, and local operating funding to sustain the new service.



New Resources in the Community

LACASA's New Upscale Resale Store Takes Flight

The LACASA Collection, a new upscale resale shop in Howell, celebrates its official grand opening during the weekend of Sept. 8 – 10, 2017. The store is located in the Kroger/Crossroads Town Center and all store proceeds fund critical programs for victims of abuse and interpersonal violence at LACASA Center.

"We are excited about this new venture, which was developed to provide sustainable funding for our organization," said LACASA President & CEO, Bobette Schrandt.

LACASA Center started its preliminary planning for the resale project in 2015 and finalized its business plan in late 2016.

The store provides

advantages for both LACASA's clients and the public.

"Our shelter residents often come to us with just the clothes on their backs," Schrandt said. "In the past, we've had to give them whatever generic clothing was available in our space-challenged donation area. Now, our clients will receive gift cards so they can shop with dignity for the things they need."

The LACASA Collection offers the public a place to find one-of-a-kind treasures at good prices. Merchandise includes home décor, furniture, jewelry, books, games, toys, and clothing for the entire family. The store also provides a place for supporters to donate once-loved items and get a tax write-off.

"Our team has put a lot of planning into the design and flow of the store," said



Schrandt. "We want our customers to have a pleasant shopping experience so they return often to check out what's new."

Volunteers are needed to help at the store in a variety of positions. Helpers can assist on the sales floor or behind-the-scenes. Shifts are four hours and scheduling is flexible.

"The community has been so supportive of the store and we cannot thank them or our volunteers enough for helping this venture take flight," Schrandt said.

Learn more at lacasacollection.org or call the store at 517-445-5050.

Excel Employment Options New Center for Autism and Therapy Services

Excel Employment Options is excited to be opening our new Center for Autism and Therapy Services in Howell!

This new center will support school aged children and young adults on the Autism Spectrum with a fun and functional learning environment. There will be opportunities to learn in a group or individual setting

and work on skills ranging from daily living skills in our mock apartment to social skills in our Relational Processing Group (RPG) through table top gaming.

The center is located at

3399 E. Grand River, Suite 102, Howell.

If you would like more information on how you can get involved, please contact Natasha Doan-Motsinger at natashad@excelemp.org or call 248-709-9347.



CMH's New Youth Peer Support Specialists

Community Mental Health Services of Livingston County is pleased to announce a new service being offered by its Child and Adolescent Services program: Youth Peer Support Specialists.

Youth Peer Support is designed to support youth with a serious emotional disturbance through shared activities and interventions. The goals of Youth Peer Support include supporting youth empowerment, assisting youth in developing skills to improve their overall functioning and quality of life, and working collaboratively with others involved in delivering the youth's care. Youth Peer Support services can be in the form of direct support, information sharing and skill building.

Youth Peer Support Services are provided by trained youth peer support specialists, one-on-one or in a group.

The Youth Peer Support Specialist will support youth in accordance with the goals in their plan of service, assisting them in building skills to: resolve conflicts; engage in and benefit from services; integrate into community, school and family; overcome feelings related

to stigma; obtain employment; achieve successful independent living options; transition into adulthood; and navigate the public human service system.

Youth Peer Support Specialists are individuals between the ages of 18 and 26 who have experience navigating behavioral health systems and are willing and able to self-identify as a person who has, or is, receiving behavioral health services and is prepared to use that experience in helping others. Receiving support from someone who has "walked in their shoes" can be a powerful source of motivation and hope for young people experiencing mental illnesses.

We have hired our first Youth Peer Support Specialist, and plan to add a second position soon. This is a Medicaid covered service, and the Specialists undergo a year-long training process using a state-wide curriculum, which leads to a state certification.



Special Ministries' New Executive Director and other great news!

Lots of exciting things are happening at Special Ministries!



We are happy to announce that Sabrina Musko has taken on the role as our new Executive Director and we are excited to see what the future holds for our organization under her direction.

On July 21st our organization was presented with an \$11,000 check from the Livingston County chapter of 100 Women Who Care. With the funds, we were able to cut our transportation fees to just \$5 an event! We are so grateful for their support.

Highlights from recent programs:

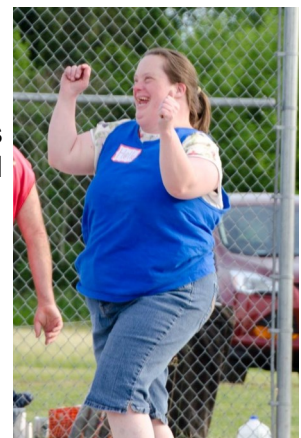
We enjoyed a friendly yet competitive season of

softball with the Livingston County Sheriffs Dept. We also partnered with Livingston County United Way for their Day of Caring event for an exciting field day. We are so thankful for all of our community partners and volunteers.

Fall program highlights:

We are so thrilled with the way our All Abilities Dance class has been growing that we will be adding a second class this fall! Dancers will meet on Thursdays starting Oct. 12th at 2|42 church ages 3-15 from 6:00-7:00 and ages 16-101 from 7:30-8:30. Cost is only \$7 per class and if transportation is needed a \$5 fee is required and we can make, if needed, all arrangements to and from each class for you.

Visit our website at special-ministries.org for the latest news and updates.



Livingston County Human Services Collaborative Body

622 E. Grand River Ave
Howell, Michigan
48843

Phone: 517-586-2039

Fax: 517-552-2526

E-mail: arennie@cmhliv.org



*Ensuring a system of support for
members of our community.*

What is the Purpose of the Livingston County HSCB?

The Livingston HSCB started in 1989 and was officially recognized as the county Multi-Purpose Collaborative Body by the state and county Board of Commissioners in 1995. Now, referred to as a Community Collaborative by the state, the HSCB is comprised of 26 appointed members that work together to coordinate health and human services across systems. The HSCB also:

- Develops strategies and programs to meet current and future needs
- Fiscally manages state-funded collaborative initiatives
- Monitors the effectiveness and efficiency of collaborative projects

The HSCB does this work through established committees and workgroups which have specific goals and objectives to complete. The HSCB and most workgroups meet monthly and consist of representatives from public and non-profit organizations, business, and interested residents of the county. To learn about the work of the HSCB, contact Anne Rennie at arennie@cmhliv.org.

Upcoming Events in Livingston

Business to Business Expo

Howell Chamber of Commerce is holding the First Business to Business Expo On September 12th from 9-1 at Cleary University.
For more information—www.howell.org/



9th Core Competency Training—Trauma Informed Practice

Join us for the 9th training in our year long series. Learn strategies for responding appropriately to behaviors and emotions of children impacted by complex trauma. September 15th from 9-12
Contact Anne Rennie at arennie@cmhliv.org to register

Hartland Senior Center Open House

Join us for our Open House on September 28th from 10 -12:30.
For more information, contact 810-746-2135

Volunteer Livingston's Cheer to Volunteers Event

Join us for this Community wide Thank You! Event is September 28th from 4:30-7:30 at the Howell Opera House. Please RSVP by Sept. 15th. Contact 810-494-3000 for more information

LACASA's Denim and Diamonds Event

September 30th from 5:30-10 pm at Cross W. Ranch. Tickets are \$100.
Contact 517-548-1350 for more information

10th Core Competency Training—Leadership

Join us for the 10th training in our year long series. Learn ways to enhance and expand your leadership skills October 5th 9-11. Contact Anne Rennie at arennie@cmhliv.org to register

11h Core Competency Training—Youth Mental Health First Aid

Join us for the 11th training in our year long series. Learn ways to help to young people showing signs of a mental illness and connect them with the appropriate supports. Contact Anne Rennie at arennie@cmhliv.org to register



**Like us on
Facebook**



Homeless Awareness Week

Keep an eye out for all of the wonderful events for Homelessness Awareness Week which is November 13th—17th.